

VIETNAM VETERANS' & VETERANS' FEDERATION ACT WALKING GROUP

(The Group is open to all Veterans', plus Men & Women, not just Vietnam Vets.)

Details as at 21 JULY 2010

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DAY	DATE	TIME	MEET AT
Tuesday	27 July	9.30am	Long Gully Road off Yamba Drive at Isaacs. A great walk today. Refer Canberra Map 71, B.15.5. Park opposite and a little down from the Reservoirs and walk along the path behind Isaacs. Coffee at Southlands, Mawson. A walk not to be missed.
Tuesday	3 August	9.30am	Corner Springvale Drive & DeSalis Street Weetangera. Refer Canberra Map 38, G.7. Walk thru "The Pinnacle Nature Reserve." Coffee after @ Hawker Shops. This is another great walk with fantastic views.
Tuesday	10 August	9.30am	Yarralumla Nursery. Refer Canberra Map 50, B.9. Walk around the lake alongside Royal Canberra Golf course towards Government House and return. Coffee at Yarralumla Gallery at the Nursery if open, or Yarralumla Shops. About 1 hour walk. This walk is fantastic.
Tuesday	17 August	9.30am	Regatta Point. Refer Canberra Map 51, G, 6.5. Walk under Commonwealth Bridge and around to the National Museum and back via National University. Coffee @ Regatta Point "The Deck." Don't miss out on this walk it's fantastic.
Tuesday	24 August	9.30am	Behind War Memorial. Refer Canberra Map 52, D, 2. Walk around Mt Ainslie Nature Reserve and back. Coffee @ the New Café at the War Memorial. One hour walk with great views.
Tuesday	31 August	9.30am	Off to Queanbeyan. Meet at McDonalds in Wanniasa Street. Refer Map 75. G.2. Walk towards Railway Station and back. Coffee after at "Maccas". A one hour walk and a good one for site seeing.
Tuesday	7 September	9.30am	Skateboard ramp in Bartlett Place, Greenway. Refer Canberra Map 79, B. 11.2. Walk around Lake Tuggeranong. Coffee at McDonalds (it's not bad), then walk on to the cars. About 1 hour and 10 minutes walk and a beauty.
Tuesday	14 September	9.30am	Regatta Point Car Park. Refer Canberra Map 51, G.6.5. Walk around Central Basin taking in Aspen Island and the Carillon. Coffee at "The Deck". This is a great walk which takes about 1 hr 10mins.
Tuesday	21 September	9.30am	Behind Water Police, Beissel St, Belconnen. Refer Canberra Map 29, D.13.5. Walk around Lake Ginninderra. Coffee after. One hour and a bit walk and fantastic. Then head off to Page for the BBQ or Ladies lunch, which will be advised on the walk day.

If it's raining, get out of bed and do some exercises.

PLEASE DON'T FORGET TO BRING YOUR WATER